



SUMMER CAMP

NOW WITH

BUSSING!

www.fast-camps.com

FAST SUMMER CAMP

Making Memories for Life

The wide range of activities and experiences offered at FAST Summer Camp empower your child to get out of their comfort zone and learn something new. Our incredible staff and special program means everyone gets the chance to exercise their brains and their bodies. Browse our site or contact us to find out more about what we offer.

A CAMP WHERE KIDS CAN BE KIDS!

- ▶ State Licensed Camp
- ▶ Programs for PreK-9th grade
- ▶ Camp hours are 9:00-3:00pm
- ▶ Extended hours are 7:30-5:00pm
- ▶ Sibling Discount is \$20
- ▶ Camp starts June 19th and runs until August 25th
 - No camp 4th of July week.
- ▶ Camp store accounts, authorized pickup, flexible scheduling.





FAST SUMMER CAMP PROGRAMS

Below are the various options of summer camp programs that we offer. Please know that all programs will be experienced to almost everything camp has to offer.

TRADITIONAL CAMP

Our classic version of FAST Camp. Multi-sport with traditional summer camp activities blended in.

- ▶ Grades 1-8
- ▶ Camp hours are 9am-3pm
- ▶ Before and After Care are 7:30am-5pm
- ▶ Camp is located at Mount Southington
- ▶ Cost is \$199/week before March 1st. \$209 on and after 3/1.
- ▶ Before and After Care are \$20/option
- ▶ Sibling discount of \$20 applies to the additional sibling(s).
- ▶ This program runs 9 sessions from June 19th to August 25th.
- No Camp 4th of July Week.

Traditional camp will do all elements of camp: sports, ninja warrior, low ropes, forts, basic crafts, challenges, group games, etc.

FAST FORT BUILDING

All the fun of Traditional Camp but with a focus on fort building! This group will still play other sports and activities throughout the week but will also spend time building and crafting things in the elements!

- ▶ Grades 3-5, 6-8
- ▶ Camp hours are 9am-3pm
- ▶ Before and After Care are 7:30am-5:00pm
- ▶ Camp is located at Mount Southington
- ▶ Cost is \$205/week before March 1st. \$215 on and after 3/1.
- ▶ Before and After Care are \$20/option
- ▶ Sibling discount of \$20 applies to the additional sibling(s).
- ▶ This program runs 8 sessions from June 26th to August 18th.
 - No Camp 4th of July Week.
- ▶ There are 30 spots available per grade group. 60 total spots.

Fort Building camp will still participate in all elements of the camp: Sports, crafts, cooking, etc. The only difference is that these groups will spend extra time building more advanced forts in the woods.

E-SPORTS CAMP

Get better at your favorite games and also spend half the day playing outside! Minecraft, Roblox, Fortnite, Rocket League, Super Smash Brothers, Mario Kart, etc!

- ▶ Grades 3-8
- ▶ Camp hours are 9am-3pm
- ▶ Before and After Care are 7:30am-5pm
- ▶ Camp is located at Mount Southington
- ▶ Cost is \$205/week before March 1st. \$215 on and after 3/1.
- ▶ Before and After Care are \$20/option
- ▶ Sibling discount of \$20 applies to the additional sibling(s).
- ▶ There are only 15 spots/session!
- ▶ 2 Sessions:
 - July 24-28
 - July 31-Aug 2

FAST CAMP JUNIOR

FAST JUNIOR IS NOW FULL DAY!

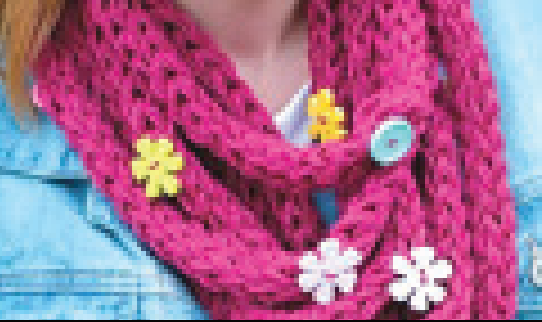
This program is a great introduction into camp life. In a small group setting they will do activities and get introductions into various sports. The afternoon will have a nap/calm time where we will encourage the children relax and have snack.

- ▶ FAST Jr. is for fully potty trained campers that are not entering 1st grade yet.
- ▶ Hours are 9am-3pm
- ▶ Program runs Monday-Friday
- ▶ Jr. Camp has 12 spots/session and is available all summer long!
- ▶ Cost is \$210/week before March 1st. \$220 on and after 3/1
- ▶ Sibling discount of \$20 for the additional sibling!
- ▶ Program runs 8 weeks from 6/19 to 8/18. NO CAMP 4th of July Week

FAST CAMP CIT

Our CIT Program is designed to create the next wave of FAST coaches. We focus on responsibility, creating valuable bonds/relationships, and the ability to work as a team. There is a dedicated CIT leader that

- ▶ Must be entering 9th or 10th grade
- ▶ CIT's are welcome 7:45-5pm but must at least come 9-3pm.
- ▶ Camp is located at Mount Southington
- ▶ Cost is \$120/week before March 1st.
- ▶ Each CIT will get 2 t-shirts
- ▶ Program has limited space(15 spots) and is available all summer!
- ▶ Sibling discount does not apply for this program.
- ▶ Program runs 9 weeks from 6/19 to 8/25. NO CAMP JULY 4th WEEK



A LA CARTE OPTIONS

Hot Lunch \$40 or \$10/day

- ▶ Cold lunch option available every day: Ham, Turkey, or PB sandwich plus sides and a drink.
- ▶ Every lunch will include fruit, vegetable, and a drink. (Carrot sticks, cucumber sticks, juice box, milk)

Before and After Care \$20/option

- ▶ 7:30am drop off and 5:00pm pick up

Gellyball \$10

- ▶ GellyBall is the revolutionary, lower-impact, shooting game for all ages! Our commercial-grade, battery-powered blasters launch hydrated gel orbs at targets or other players in a variety of game scenarios with all the proper safety equipment including full face masks.
- ▶ Gellyball will be one, 1.5 hour match with their age group.

Arts and Crafts \$10

- ▶ Access to a higher-level Arts and Crafts cabinet at camp plus a premium craft such as: Bird houses, paper crafts, basket weaving, finger weaving, etc.

Archery \$10

- ▶ Test your skills on the brand-new archery course!

Cooking \$10

- ▶ Replace the generic ice pop snack with a more intensive cooking experience. Some of our creations are Monkey bread, Pizzas! Pineapple upside-down cake, Breakfast Burritos, Tacos!

Slingshots \$10

- ▶ See if you're a true marksman on our slingshot course!

Bussing \$30

- ▶ See last page for bussing schedule and details.



Field Trips

Lessard Lanes \$30

- ▶ Bowling, Mini Golf, \$5 Arcade Card!
- ▶ Dates: June 28th, July 18th, August 16th

Dunkin Donuts Park Baseball Game \$30

- ▶ Includes hot dog, chips, and a drink.
- ▶ Date: July 26th

Xtreme Play \$40

- ▶ Unlimited high ropes, mini bowling, warrior course, laser tag, bumper cars, ballpit, rock climbing, etc.
- ▶ Dates: July 11th, August 9th

Fishing Trip \$20

- ▶ Grill/camp fire lunch included.
- ▶ Site is TBA but will include bussing.
- ▶ Date: August 2nd





Bussing Information

All bus routes are designed to be an hour or less of travel time and will start pick ups at 7:30am at initial location and will depart at 3:30pm from Mount Southington. This includes 30 minutes of After Care before leaving camp!

Bus A – Southington Bus

- ▶ Available 8 weeks starting June 26th.
- ▶ Stops at
 - Thalberg Elementary -- Pick up 7:30am – Drop off 4:15
 - Depaolo Middle -- Pick up 7:45am – Drop off 4:00
 - Derynoski -- Pick up 7:53am – Drop off 3:52
 - JFK – Pick up 8:00am – Drop off 3:45

Bus B – Meriden, Wallingford, & Cheshire Bus

- ▶ Available 5 weeks starting July 10th and ending August 11th
- ▶ Stops at
 - Stop and Shop-Meriden – Pick up 7:30am – Drop off 4:25
 - Holiday Cinemas-Wallingford – Pick up 7:45am – Drop off 4:10pm
 - Stop and Shop-Cheshire. – Pick up 8:00am – Drop off 3:50pm

Bus C –Waterbury, Wolcott, & Cheshire

- ▶ Available 5 weeks starting July 10th and ending August 11th
- ▶ Stops at
 - Carrington School-Waterbury – Pick up 7:30am – Drop off 4:35pm
 - Brass Mill Center-Waterbury – Pick up 7:45am – Drop off 4:20pm
 - Tyrell School-Wolcott – Pick up 7:58am – Drop off 4:05pm
 - Mixville Park-Cheshire – Pick up 8:10am – Drop off 3:50pm